

Travel

Land

roll

**KEY** 

Development of Skills (balance, travel, positions, movement, transitions, levels, flight)

**Application** 

**Evaluation** 

Knowledge and Understanding of Fitness and Health

Cultural Capital

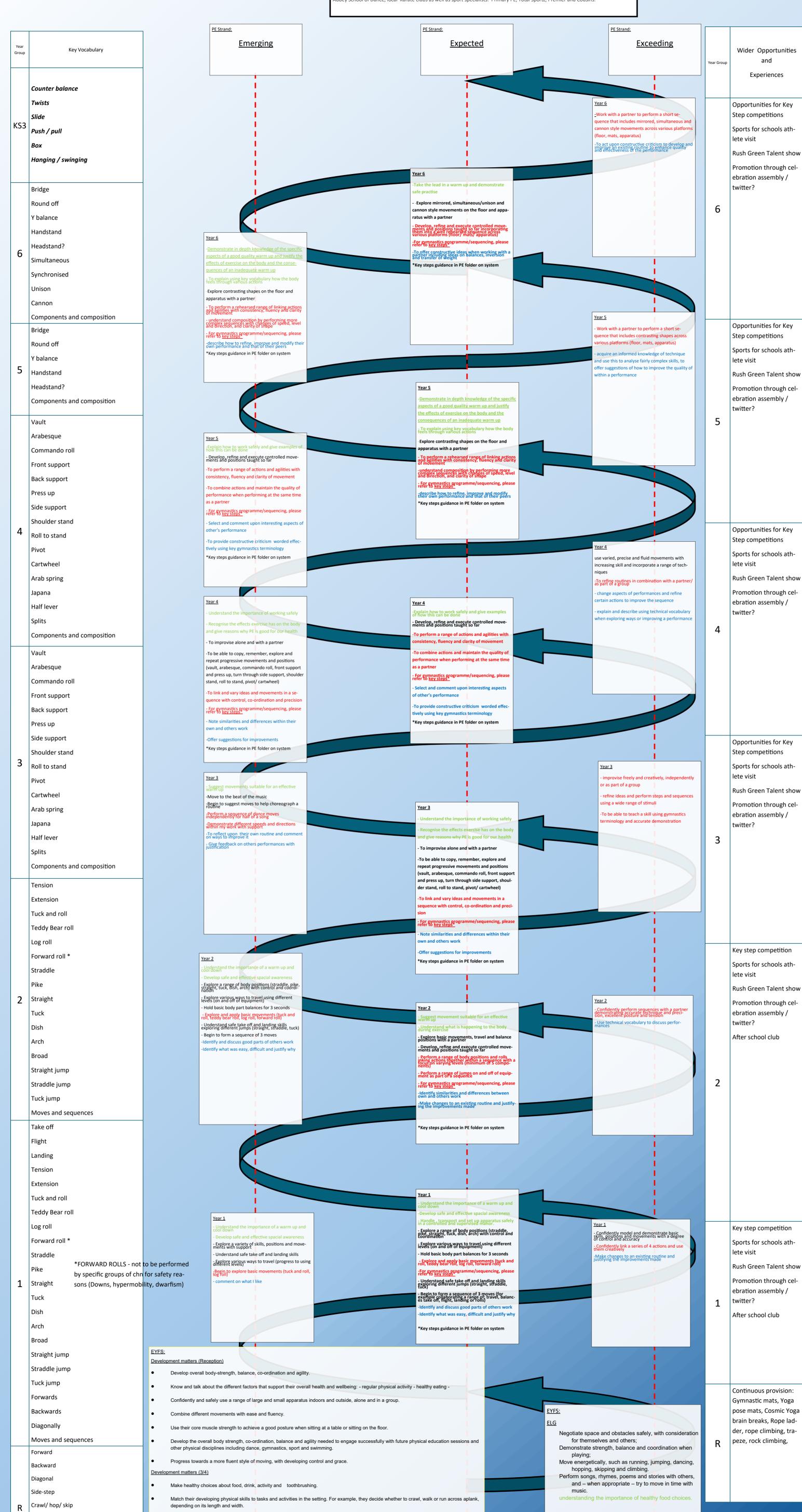
All children (Sport for All) will be given the opportunity of attending a wide variety of extra curricular clubs, intra and inter competitions (both in and out of school). To develop a lifelong love for Physical and Mental wellbeing.

Through sport we strive to achieve equality – Sport for All, regardless of race, gender, disability or level of activity. The children will be given the opportunity to hear first hand inspirational assemblies from a wide range of Team GB visiting athletes .

We as a school have a number of partnerships with a number of different sporting providers such as Barking and Dagenham Sports partnership, West Ham Football club, Redbridge Cycling club, Street Tag, Essex Cricket, BFFTTA, AFPE, YST, Little Musketeers, Barking Abbey School of Dance, local Karate clubs as well as sport specialists: Primary PE, Total Sportz, Premier and Cousins.

PE—GYMNASTICS

Progression in the Curriculum:



Are Increasingly able to use and remember sequences and patterns of movements which are related to music and rhythm.

Go up steps and stairs, or climb up apparatus, using alternate feet.

Skip, hop, stand on one leg and hold a pose for a game like musical statues.

Use large-muscle movements to wave flags and streamers, paint and make marks.