

Phonics Journal



Rush Green Primary School



Year 1 – Spring 1

Phonics Teacher: Miss Naz

Child's Name: _____



Dear Parents/Carers,

Phonics is a way of teaching children to read quickly and fluently. The children are taught how to:

- Recognise the sounds that individual letters or groups of letters make
- Identify the sounds that different combinations of letters make such as 'sh' in ship and 'oa' in goat
- Blend these sounds together from left to right to make words.

How do we teach Phonics?

At Rush Green Primary School, we teach Phonics using the Jolly Phonics Programme. This journal contains a weekly breakdown of what your child will be learning in their Phonics lessons.

How can you help at home?

Use this journal as a tool to support your child's learning at home. There are examples of words which your child can 'segment and blend' using their 'phoneme fingers'.

How do we use this journal in school?

The children have a spelling challenge every Friday during their phonics lesson. Please practise the weekly spellings in this journal. You can also help your child write sentences containing the weekly challenge words so that they understand their meaning. The journal must be in school every Friday so the children can do their spelling test in it.

If you have any queries about this journal please speak to your child's class teacher.

Thank you for your continued support.

Spring 1

Week	Grapheme	Example Words
05.01.26	ph as f soft c as ce soft c as ci soft c as cy	elephant, phonics, phone nice, ice, slice city, pencil bicycle, cylinder
12.01.26	soft g as gi soft g as ge soft g as gy	giant, gigantic, ginger large, change, orange gym, gymnastics
19.01.26	ai ay a_e	aim, explain, complain played, Sunday, today ace, shame, frame, snake
26.01.26	ee ea e_e y as ee	eel, teeth, feel, sweet each, read, dream, beach eve, believe, theme happy, sunny, funny
02.02.26	ie igh y as igh i_e	tie, pie, tied midnight, right, brighter fly, my, sky like, shine, time
09.02.26	oa ow o_e	roam, float, oats own, snowman, rainbow froze, tadpole, smoke

Week Beginning 05.01.26

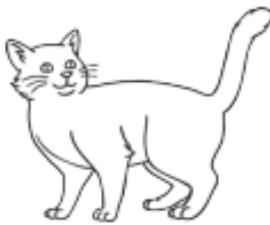
twice	fancy	bounce
phonics	spicy	circle

Include each of these words in a sentence:

Spelling Challenge

'f' and 'ph'

Add 'f' or 'ph' to the gaps in these words to make them correct.

<p>— one</p> 	<p>— angs</p> 
<p>— airy</p> 	<p>— easant</p> 
<p>— eet</p> 	<p>— armacist</p> 
<p>— armer</p> 	<p>— rog</p> 
<p>— eline</p> 	<p>— oenix</p> 

Do these words make a hard or a soft 'c' sound? Colour the hard 'c' words in **red** and the soft 'c' words in **blue**.



Practise Test (at home)

Week Beginning 05.01.26

1	
2	
3	
4	
5	
6	

Week Beginning 12.01.26

magic	huge	genius
angel	gymnastics	danger

Include each of these words in a sentence:

Do these words make a hard or a soft 'g' sound? Colour the hard 'g' words in **red** and the soft 'g' words in **blue**.



Practise Test (at home)

Week Beginning 12.01.26

1	
2	
3	
4	
5	
6	

Week Beginning 19.01.26

amaze	brain	away
yesterday	chase	again

Include each of these words in a sentence:

Alternative Spellings for ai

ai	ay	a-e
		
		
		
		
		
		
		
		
		

Practise Test (at home)

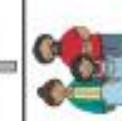
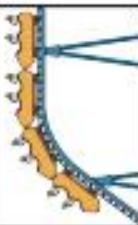
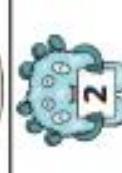
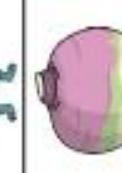
Week Beginning 19.01.26

1	
2	
3	
4	
5	
6	

Week Beginning 26.01.26

leaf	these	speech
three	stream	compete

Include each of these words in a sentence:

y								
e-e								
ea								
ee								

Practise Test (at home)

Week Beginning 26.01.26

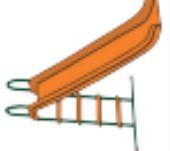
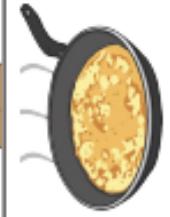
1	
2	
3	
4	
5	
6	

Week Beginning 02.02.26

shy	midnight	untie
daytime	my	inside

Include each of these words in a sentence:

Alternative Spellings for igh

igh						
ie						
i-e						
y						

Practise Test (at home)

Week Beginning 02.02.26

1	
2	
3	
4	
5	
6	

Week Beginning 09.02.26

those	raincoat	snowing
coast	elbow	globe

Include each of these words in a sentence:

Practise Test (at home)

Week Beginning 09.02.26

1	
2	
3	
4	
5	
6	

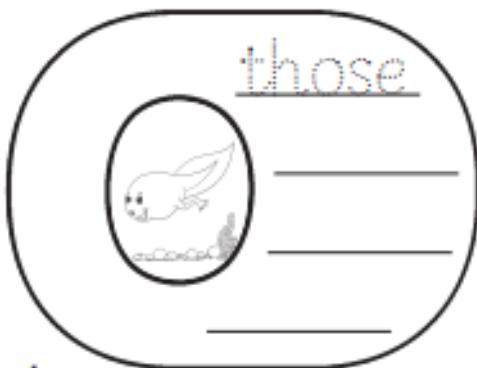
There are three main ways to write the /oa/ sound. Read the words with these spellings.

coach float coast raincoat

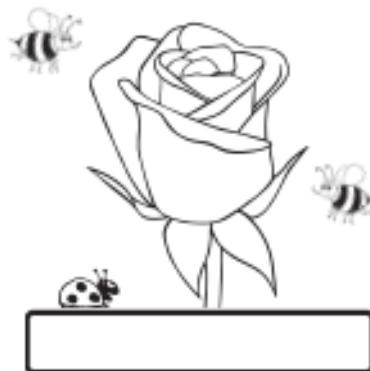
tadpole home stone joke

rainbow elbow shadow window

Read the words below and write them in the correct /oa/ spelling.



those



toast

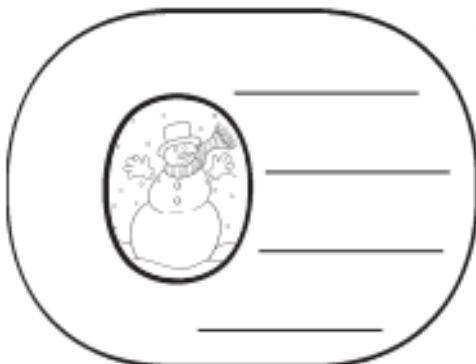
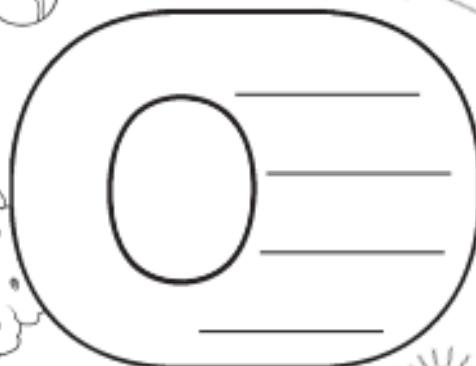
throw

goat

slow

bone

blow



rose

oak

snow

nose

loaf

Week Beginning 05.01.26

SPELLING TEST

1.	
2.	
3.	
4.	
5.	
6.	

Week Beginning 12.01.26

SPELLING TEST

1.	
2.	
3.	
4.	
5.	
6.	

Week Beginning 19.01.26

SPELLING TEST

1.	
2.	
3.	
4.	
5.	
6.	

Week Beginning 26.01.26

SPELLING TEST

1.	
2.	
3.	
4.	
5.	
6.	

Week Beginning 02.02.26

SPELLING TEST

1.	
2.	
3.	
4.	
5.	
6.	

Week Beginning 09.02.26

SPELLING TEST

1.	
2.	
3.	
4.	
5.	
6.	

Phonics Terminology

Phonics	The relationships between the sounds of a language and the letters those sounds make.
Phoneme	The smallest unit of sound.
Grapheme	Letter/s that represent phonemes.
Digraph	A grapheme containing two letters that make just one sound (phoneme) i.e. sh in fish and ch in chip.
Trigraph	A grapheme containing three letters that make just one sound (phoneme) i.e air in hair and igh in night.
Segmenting	Splitting a spoken word into its phonemes in the order in which they are heard.
Blending	Taking given phonemes and combining them to make a word, the opposite of segmenting.
Phoneme Fingers	A method in which we use our fingers to segment a word i.e. c-a-t would be represented by three fingers and f-i-sh would also be represent by three fingers as it also contains three sounds even though it is made up of four letters.

It is very important that your child practises articulating each sound correctly and does not add extra sounds to the end of a phoneme i.e s should be pronounced as sss and not sss-a

Useful links

Articulation of Phonemes	http://www.youtube.com/watch?v=BqhXUW_v-Is Search for 'articulation of phonemes' on YouTube
Jolly Phonics Songs	http://www.youtube.com/watch?v=eCjYB07aSU Search for 'Jolly Phonics in order' on YouTube
Phonics Play	www.phonicsplay.co.uk

Zero Tolerance Words: Reception

Your child must know how to spell the following words

the
to
no
go
and
look
me
my
was
went
he
with

Zero Tolerance Words: Year 1

Your child must know how to spell the following words

all
come
you
want
what
they
are
out
here
once
some
there
asked
when
little