

## Getting ready ...

We understand that children starting Nursery can be an anxious and worrying time for both children and parents.

It is important that as a parent, you speak positively about the upcoming change and the exciting opportunities Nursery will bring.

Take walks past school, watch the YouTube videos on our school website/channel and spend time talking about what exciting things they will be doing at Nursery.

We looking forward to working with you.



Our Website



Our YouTube



RUSH\_GREEN\_PRIMARY

Our Instagram



Rush Green Primary School

Nursery readiness isn't about knowing numbers, letters or shapes – it's about being confident, curious and independent enough to take part in nursery life.

We hope this leaflet helps you as parents/carers to celebrate progress and explore areas where extra support may help – from talking and playing, to toileting and independence. Together, we're getting every child ready to thrive in nursery and beyond.

By building these everyday skills, we help children start nursery at age 3 with feeling secure and ready to learn – giving teachers time to teach, and children the best possible start.

Remember, this is not about perfection or your child mastering these skills... it's about helping them take part and start to learn helpful skills that will support them. They do not have to be able to do everything, but it is great to try!



#### Early Learning

- I can look at a book with an adult
- I can recognise my name
- I can count to 5
- I join in with nursery rhymes
- I can listen attentively for a short period of time



I am socially ready. I can...

- Leave my mummy/daddy/ carer happily with some reassurance
- Play alongside or with other children (parallel play)
- Shows awareness of other children (watches, copies)
- Copy actions from adults around me
- Share toys (with reminders)
- Take turns (with reminders)
- Express my feelings in simple ways
- Calm myself with adult support
- Accept comfort from a familiar adult (not just my parent/carers)



I am physically ready. I can...

- Put on and take off my coat
- Put on and take off my shoes
- Feed myself using a spoon/fork
- Drink from a cup
- Use the toilet or potty (maybe with some help) and flush when I am finished
- Wash my hands with soap and dry them
- Move safely around a room (walking, climbing, squatting)
- Drink from a cup and no longer use a baby bottle
- Self soothe and no longer use a dummy



I am curious. I can...

- Try out new toys or activities
- Explore toys in different ways (banging, posting, stacking)
- Stay focused for a few minutes on an activity I chose
- Move between activities with support
- Solve small problems (e.g. 'piece doesn't fit')
- Enjoy messy play, stories and creative play
- Join in with Imaginary play (e.g., pretend to be a superhero saving the world)
- Cope with different sounds around me (e.g., singing, other children)



I am ready to communicate. I can...

- Look at people's faces and respond when spoken to
- Respond to my name in a busy environment
- Follow short instructions (e.g. 'get your shoes') and simple routines (e.g., wash hands) with adult support.
- Use words or gestures to ask for things
- Join in with songs, stories and rhymes
- Take turns in games and conversations
- Use short sentences to talk about what I am doing